



PLAYING RULES

2008-2009 SEASON

1. LINE-UP CARDS:
Completed by teams and given to timekeeper prior to the warm-up.
Starting goaltenders number must be circled.
2. AFFILIATE PLAYERS
Those players on midget and/or Minor Hockey cards are required to wear their BNQ throat protectors and must also wear a full face mask as well, NOHA rules applies to any violations. Affiliated players must be identified on the scoresheet by A.P. after their names. **Officials must sign the original copy of the Hockey Canada Registration Certificate.** This process is for the entire season.
3. PRE-GAME WARM-UP
 - (A) A coach or manager who is carded and on the game sheet must be on their player's bench before his team goes on the ice. He must remain there until the warm-up has been completed.
 - (B) The linesman will be on the ice for the pre-game warm-up. It is the responsibility of the timekeeper to give the game officials a five-minute warning prior to the start of the warm-up. The referee must ensure the game officials are always on the ice two minutes before the commencement of the pre-game warm-up and start of each period of play.
 - (C) The home team timekeepers have been instructed to inform the teams when there is one minute remaining in the warm-up and the linesman are to blow their whistles with thirty seconds left. All players must be off the ice at the zero mark. When the horn goes to end the warm-up, players must leave the ice surface immediately except for a maximum of four home team players that are responsible for picking up the pucks. If a player / **players** do not abide by these rules he is to be reported to the referee and a misconduct will be assessed.

- (D) Players must wear equipment in accordance with the CHA rules and if any player is not properly dressed, the linesman must direct him to his players' bench to correct his equipment before returning to the warm-up. If he refuses, it will be reported to the referee and a misconduct will be assessed. This must be noted on the back of the scoresheet. The referee must verbally advise team officials of their player's violation. When the information is received in the NOHA office, it will be faxed to the NOJHL Commissioner for action of implementing a monetary fine.
- (E) Any player who crosses the centre redline, except to go on or off the ice will be reported to the referee by the linesman and shall be assessed a Misconduct.
- (F) If a gathering or altercation occurs, all players, when ordered by a linesman will immediately proceed inside their blue lines. Any violation of this will result in a game misconduct, maximum five players per team.
- (G) No goaltender is allowed to warm-up within the neutral zone.
- (H) No player is allowed to take a shot against the sideboards in the neutral zone. Reason – safety of fans, on and off ice officials. **If a player / players do not abide by this rule he is to be reported to the referee and a misconduct will be assessed.**

4. PRE-DETERMINED TIME BETWEEN PERIODS

There will be a break of 15 minutes between the first and second period and a break of 18 minutes (if needed) between the second and third period. Time will begin when the referee leaves the ice surface. The teams will be on the ice and ready to play when the time runs out, this means ready to take the face off, or violation results in a two-minute bench minor. If both teams agree to start game play earlier, then the referee should oblige the request. This time can be extended for special occasions. It must be cleared with the visiting team and the officials must also be notified.

5. CSA APPROVED EQUIPMENT

- (A) All players on their benches or penalty bench shall wear their equipment in accordance with CHA rules.
- (B) A player is allowed to lift his facemask/half visor to wipe his face or have a drink of water and then is must be replaced properly as soon as possible.
- (C) All players in the NOJHL must wear a mouth guard and throat protector. When a player fails to wear or properly wear a mouth guard or throat protector at any time on the ice during the game, or pre-game warm-up, the team shall receive one warning and any subsequent infractions by the same team will result in a Misconduct. This is to be written up on the back of the official game report.

6. BACK-UP GOALTENDERS
Back-up goaltenders shall wear their helmet and facemask in accordance with CHA rules while on the bench or in the spectator's area.
7. NATIONAL ANTHEM
All players, team officials, referees, linesmen and off ice officials must stand at attention during the **complete** playing of the National Anthem. Flagrant violations will be reported on the game sheet by the referee.
8. PAYMENT OF OFFICIALS
The home team is to compensate the officials before the conclusion of the game. If any home team is unable to compensate the officials at the end of the game due to unforeseen circumstances, it is permissible to mail funds to the NOHA office as soon as possible. The Commissioner must be notified immediately, by fax, following the game if the officials did not receive payment.
9. NUMBER OF PLAYERS
The number of players allowed per team is per CHA rules. The league rule that will be handled by the Commissioner is that teams shall dress a minimum of fourteen (14) players including one (1) goaltender. This will apply for both the regular season and playoffs excluding teams in inter-branch competition, and then the CHA rule will apply.
10. OVERTIME FORMAT
 - (A) REGULAR SEASON
 - (i) If teams are tied at the end of regulation time, a five (5) minute four (4) on four (4) sudden victory overtime period will be played.
 - (ii) Teams will not change ends.
 - (iii) No rest period will take place.
 - (iv) If the teams are still tied at the end of this five (5) minute overtime the following procedure will occur: both teams will select three (3) shooters to take part in a shootout to determine a winner. **This is not sudden victory. The visiting team shoots first.** If after three (3) shooters the score remains tied, teams will continue to select different shooters in a sudden victory format. No shooter may shoot twice until entire lineup has shot, excluding goaltenders. **If a player is serving a penalty, at the conclusion of the 4 on 4, he cannot participate in the shoot-out.**
 - (v) The winning team will receive two (2) points and the losing team will receive one (1) point.
 - (B) PLAYOFFS
Overtime for playoffs as per Hockey Canada and NOHA rules

11. FIGHTING IN LAST 10 MINUTES

That if there is a three or more goal differential with ten minutes or less to play in a game, two consensual fights may occur without suspension but a 3rd consensual fight will result in an additional game suspension. Furthermore, if an Instigator or Aggressor penalty is issued, then the other Player will not be suspended.

12. PRE GAME SKATE

Once the ice has been resurfaced after the pre game warm-up, upon the teams return to start the game, they will be allowed to skate two laps around their half of the ice and then immediately the starting line-up must line up to start the game. All pre game warm-up guidelines are in effect.

13. PLAYOFF FORMAT

(A) All eight teams make the playoffs and the winners of each division (East and West) will play for the League championship. All series will be best of seven (7). Round one for each division is first versus fourth and second verses third. Round two, in each division, the winners play for the divisional championship. Round three the two divisional champions play for the league championship.

(B) Round One

East	1st	versus	4th	<u>Series A</u>
	2nd	versus	3rd	<u>Series B</u>
West	1st	versus	4th	<u>Series C</u>
	2nd	versus	3rd	<u>Series D</u>

(C) Round Two

East	Winner A	versus	Winner B	<u>Series E</u>
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West	Winner C	versus	Winner D	<u>Series F</u>
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(D) Round Three

The two divisional champions play for the league championship.

Winner E	versus	Winner F	<u>Series G</u>
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PLAYOFF DATES

ROUND 1 March 7th to 17th, 2009

ROUND 2 March 21st to April 1st, 2009

ROUND 3 April 4th to 16th, 2009

DUDLEY HEWITT CUP

April 21st to 25th, 2009 – Schreiber, ON

ROYAL BANK CUP

May 1st to May 10th, 2009 – Victoria, BC

*******NAMES AT THE BACK OF SWEATERS*******

It is mandatory to have a player's name bar on the back of the jersey and it is the responsibility to each team (When? within a reasonable amount of time unless arrangements have been made with the Commissioner...)

Revised June 21st 2008